Dear Parents/Carer

This year we have made significant changes to our sport program at Cessnock High School. We have moved from having a traditional sports afternoon on Wednesday afternoon to an integrated sport model. Year groups will participate in their sports periods separate to other year groups at different times during the school day. The times for sport are below:

| Year 7: Monday Week 1 (Period 5) and Tuesday Week 2 (Periods 1&2) |
| Year 8: Tuesday Week 1 (Periods 3&4) and Thursday Week 2 (Period 5) |
| Years 9-10: Wednesday Week 1 (Periods 1&2) and Wednesday Week 2 (Period 1) |

The expectations for the sports periods are as follows:

- **Uniform:** Wear Cessnock High school shorts and PE shirt to sports periods. All students will be expected to get changed into their normal school shirt after the lesson.

- **Starting Sport:** At the start of the sport period, students will line up outside the MPC. The teacher in charge of that year groups sport will ask students to come into the hall and sit down in class groups to have rolls marked. Rolls will be marked electronically at the start and finish of every sport. After rolls are marked, students will be sent to the sport they are participating in by class group. Students will take all bags with them to sport.

- **Follow our PBL Behaviour expectations:**
  - Respect (follow all instructions without question)
  - Responsibility (Be in the right place at the right time)
  - Ready to learn (have your uniform organised)

- **Truancy:** The process for truancy during sport is:
  - If students are marked absent from a sport a phone call will be made to the parent/carer during the sport period.
  - The first truancy offence in a term will result in a letter home
  - Second truancy offence will result in a meeting with the Deputy Principal and Sports Organiser.

- **Arriving late, signing in late and early leavers from sport:** Students, who continually arrive late or sign in late to sport lessons or have an early leavers, will be issued will N award warning letters. If students are away for 3 sports afternoons in a term, they must have a written reason or medical certificate to explain their absence.
- **Participation:** All students will be required to participate in sports periods to the best of their ability. Students who continually refuse to participate will be interviewed with the Head Teacher of PDHPE and meetings with parents will be organised.

- **Paying for sport:** All students will be required at different stages during the year to bring money for some sports they will be participating in. In order to create an engaging sport program and utilise local resources in the community, there will be a small cost involved. Students will be given plenty of notice of when they need to pay for sport. If there are any issues with paying for sport, please contact Mr Goodwin the Sports Organiser.

**Sport program for Years 7 for 2013-2014**

Students will spend 2 weeks at each sport and then rotate to a new sport. Please find the list of sports below including cost for the term

<table>
<thead>
<tr>
<th>Term 4 weeks 6-11 (2013)</th>
<th>List of sports</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>T-ball</td>
<td></td>
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<tr>
<td></td>
<td>Roller Hockey</td>
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<td></td>
<td>Gymnastics</td>
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<td>Tennis</td>
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<td></td>
<td>Touch Football</td>
<td></td>
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<tr>
<td></td>
<td>Gymnastics</td>
<td></td>
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<tr>
<td>Total Cost</td>
<td>$6.00 for the term</td>
<td></td>
</tr>
</tbody>
</table>

**Term 1**

**Swim and survive (all students)**

- Double periods will be at Cessnock Pool
- Single periods will be at school completing theory requirements and first aid qualifications

**Swimming is compulsory for all students***

Total cost $25 for the term. This includes entry and bus to the pool

**Term 2**

**Skill Development**

- Sport 1: Throwing Games
- Sport 2 Catching Games
- Sport 3: Striking Games
- Sport 4: Modified Games
- Sport 5: Fitness (Cessnock Gym)
- Sport 6: Racket Sports

Total cost $5.00 for the term

**Term 3**

**World Cup Round Robin Competitions**

**Weeks 1-5**

BOYS: Soccer     Girls: Modified Netball

**Weeks 6-10**

Girls: Soccer     Boys: Modified Netball

**World cup competitions will run for 5 weeks and will include medals or trophies being given out for the winning teams**

Total Cost $20. This will cover clinics from Northern NSW soccer and the Netball NSW

**Term 4**

**Weeks 1-5 (2014)**

- T-ball
- Roller Hockey
- Soccer
- Tennis
- Touch Football (Turner Park)
- Gymnastics

Total Cost $6.00 for the term
Use the timetable below to prepare yourself for sport for the remainder of term 4. Your sport will change every week so you must keep up with what sport you have that week. There will be a copy placed on the MPC door so you can check at school as well.

<table>
<thead>
<tr>
<th>Class</th>
<th>Wk9</th>
<th>Wk10</th>
<th>Wk11</th>
</tr>
</thead>
<tbody>
<tr>
<td>7C</td>
<td>T-Ball</td>
<td>Roller Hocky</td>
<td>Soccer</td>
</tr>
<tr>
<td>7H</td>
<td>Tennis</td>
<td>T-Ball</td>
<td>Roller Hockey</td>
</tr>
<tr>
<td>7S</td>
<td>Gymnastics</td>
<td>Tennis</td>
<td>T-Ball</td>
</tr>
<tr>
<td>7P</td>
<td>Touch Football</td>
<td>Gymnastics</td>
<td>Tennis</td>
</tr>
<tr>
<td>7B</td>
<td>Soccer</td>
<td>Touch Football</td>
<td>Gymnastics</td>
</tr>
<tr>
<td>7L</td>
<td>Roller Hockey</td>
<td>Soccer</td>
<td>Touch Football</td>
</tr>
</tbody>
</table>

4. Your sport will change every week so you must keep up with what sport you have that week. There will be a copy placed on the MPC door so you can check at school as well.

**Be Ready to Learn and organise what you will need for each sport.**

Tennis: $3, correct shoes and sports uniform, sunscreen, hat and water bottle (racquets will be provided)

Roller Hockey: Correct shoes and uniform

T-Ball: correct shoes, uniform, sunscreen, hat and water bottle

Touch Football: correct shoes, uniform, sunscreen, hat and water bottle

Soccer: correct shoes, uniform, sunscreen, hat and water bottle

Gymnastics